

# Nourish by Nathi toro

Celebrity Nutritionist/ Chef/ TV host

www.nourishbynathi.com



#### Celebrity Nutritionist/ Chef/ TV host



### ABOUT

After being diagnosed with atypical hyperplasia- a type of pre cancer and later a thyroid disease at a young age, I made it my mission to empower others to become the best version of themselves and using food as a vehicle to bring people together to share their stories.

I have worked with celebrity chefs, elite athletes & companies all across the globe; spreading awareness about longevity, immune health & nutrition biohacking.

#### INSTAGRAM ANALYTICS

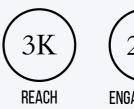
#### <u>@NATHI.TORO</u>



27%



29% USA 21.5% SPAIN 16.1% Colombia













## SERVICES

#### FOOD PHOTOGRAPHY & STYLING

professional photography to show case your product and/or recipe

#### PROJECT CONSULTING

creation of wellness programs & menu for hotels, retreat centers and restaurants

#### **CONTENT CREATION**

video and photography to feature your brand or company

#### **NUTRITION & WELLNESS EDUCATION**

workshops, nutritional and cooking classes for you and your company

#### LOCATION REVIEW

restaurant, retreat centers and hotels reviewed by a true connoisseur. BRAND COLLABORATIONS

LULULEMON HONEST GREENS CAROLINA HERRERA CHLOE COSCARELLI MATTHEW KENNEY QUERCIABELLA CARTIER



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### MEDIA & PRESS

FOODABLE'S SMART KITCHEN +BAR

**GLAMOUR SPAIN** 

YAHOO MUJER

**FUCSIA** 

HEALTHY MAGAZINE

VOYAGE MAGAZINE

ANTIDOTE

BARCELONA FOOD EXPERIENCE

**BOGOTA WINE & FOOD FESTIVAL** 

QUERCIABELLA

## FOOD TELLS A STORY FROM THE INGREDIENTS WE USE TO THE PEOPLE WE ENJOY IT WITH"

Nathi

### CONTACT

Ready and inspired to work with you soon

## Email : nathi@nathitoro.com Website: www.nourishbynathi.com

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